

BOROUGHLOCH MEDICAL PRACTICE

MEDICS ON THE MEADOWS

Social prescribing - linking patients to non-medical support in their community.

CHRONIC HEALTH CONDITION

www.diabetes.org.uk

Diabetes UK is the leading charity that cares for, connects with and campaigns on behalf of every person affected by or at risk of diabetes.

We provide information, help and peer support, so people with diabetes can manage their condition effectively. We are one of the largest funders of diabetes research in the UK.

www.thistle.org.uk

Self management is about people living with long term conditions being in 'the driving seat'. It supports people to live their lives better, on their terms.