

BOROUGHLOCH MEDICAL PRACTICE

MEDICS ON THE MEADOWS

Social prescribing - linking patients to non-medical support in their community.

Bereavement Support

Cruse Bereavement Care Scotland (CBCS) is able to provide a number of services for you. They work on an area basis with local community based teams, before you get in touch, you might to take a look at the leaflets available on the website.

Remember that grief is a completely natural process and lots of people cope with it with help and support from their family and friends. If you would like the help of CRUSE support, then please ring the helpline - 0845 600 2227

or email support@crusescotland.org.uk The support CRUSE offer is through:

- ❖ Telephone support - National helpline - 0845 600 2227
- ❖ Face-to-face support - find out about this via the phonenumber
- ❖ Leaflets
- ❖ Support Groups
- ❖ Support for children and young people

In addition, please refer to information on death and bereavement from NHS Inform at:

<https://www.nhsinform.scot/care-support-and-rights/death-and-bereavement>